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**SPECIAL
ENDS
SOON!**

Tuesday



MISSING INGREDIENT
Many of the Caps' woes can be traced to Mike Green's absence **9**

RUSSIAN CHALLENGER
New Jersey Nets owner says he'll run against Putin in 2012 **5**

HURTS SO GOOD
For all your soon-to-be exes, a gift guide for one last holiday together **16**

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FOR EXTENDED FORECAST, SEE PAGE 25

DECEMBER 13, 2011 | A PUBLICATION OF *The Washington Post* | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | **FREE DAILY**

THIS TIME, IT'S PERSONAL.

Newt Gingrich and Mitt Romney take turns calling each other greedy as the race for the GOP nomination enters the final sprint to Iowa on a bitter note **8**

GETTY IMAGES/EXPRESS ILLUSTRATION



eye openers

MONEY DISPOSAL

Burning It Seemed Gauche

A Coral Gables, Fla., man willed his historic house worth \$1 million to the U.S. government to help eliminate the country's growing debt. The home sold at auction for \$1.175 million on Saturday. It belonged to James H. Davidson Jr., who lived there from his teenage years until he died last December at 87. He also left \$1 million to the government. (AP)

CHARITY

Upcoming for 2012:
Toys for Tattoo Removal

A Memphis, Tenn., tattoo artist is offering body art in exchange for donated toys for children in need. Toys for Tattoos has become an annual event at Jay Guzman's House of Ink. In exchange for a new toy worth at least \$25, the donor gets a tattoo or a piercing of equal value. The Tattoos for Toys event is in its fourth year. Guzman says he's a Christian who wants to give back. (AP)

TOWNS IN MASSACHSETTS

Always Check Place-Names!

State transportation officials are apologizing for putting up street signs in Haverhill, Mass., that misspell the names of nearby communities. The signs direct drivers to Plastow, N.H., on Route 125, and to Merrimack, Mass., on Route 110. The New Hampshire community is actually spelled Plaistow. And although there is a Merrimack, N.H., the Massachusetts community's name is spelled Merrimac, without the "k." (AP)

The Big Picture



OMG, AIR! The Chinese team competes in the Synchronized Swimming Free Combination Final during the third day of the sixth FINA Synchronized Swimming World Trophy at the Water Cube on Sunday in Beijing. (GETTY)

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High Court to Rule on Immigration

Challenges to tough Ariz. law to be heard by justices in April

Washington

The Supreme Court stepped into the fight Monday over a tough Arizona law that requires local police to help enforce federal immigration laws — pushing the court deeper into hot, partisan issues of the 2012 election campaign.

The court's election-year docket now contains three politically charged disputes, including President Obama's health care overhaul and Texas redistricting.

The debate over immigration already is shaping presidential politics, and now the court is undertaking a review of an Arizona law that has spawned a host of copycat state laws targeting illegal immigrants.

The court will review a federal appeals court ruling that blocked several provisions in the Arizona law. One of those requires that police, while enforcing other laws, question a person's immigration



A vehicle drives along the Mexico-U.S. border fence in 2010 near Nogales, Ariz. The Supreme Court decided Monday to rule on Arizona's law targeting illegal immigrants.

12M

The number of illegal immigrants living in the U.S., according to government estimates. (AP)

status if officers suspect he is in the country illegally.

The case is the court's biggest foray into immigration law in decades, said Temple Univer-

sity law professor Peter Spiro, an expert in that area.

The Obama administration challenged the Arizona law by arguing that regulating immigration is the job of the federal government, not states. Similar laws in Alabama, South Carolina and Utah also are facing administration lawsuits. Private groups are suing over immigration measures adopted in Georgia and Indiana.

Backstory

The Arizona immigration case pits Republican-led states against the Democratic administration in an argument about the reach of federal power. The redistricting case has a similarly partisan tinge to it, with Republicans who control the state government in Texas facing off against Democrats and minority groups that tend vote Democratic. In the immigration arena, the states say that the federal government isn't doing enough to address a major problem and that border states are suffering disproportionately. (AP)

"This case is ... about every state grappling with the costs of illegal immigration," Arizona Gov. Jan Brewer said.

Arguments probably will take place in late April, which would give the court roughly two months to decide the case. Justice Elena Kagan will not take part in the case, presumably because of her work on the issue when she served in the Justice Department in the Obama administration. MARK SHERMAN (AP)

In Brief

NEW YORK

Data Show Child-Abuse Decline From '08 to '10

Fears that persisting economic woes would increase child abuse in the U.S. have proved unfounded, according to the latest federal data. A comprehensive new report, to be formally unveiled Wednesday, shows overall abuse and neglect figures declining slightly between 2008 and 2010, and child fatalities dropping by 8.5 percent during that span. (AP)

OAKLAND, CALIF.

Wall Street Protesters Halt Port Operations

Anti-Wall Street protesters with the "Wall Street on the waterfront" movement blocked gates at some of the largest U.S. ports in California, Washington state and Oregon on Monday, and caused partial shutdowns, saying if they cut off some of the country's busiest hubs, it would cut into corporate profits. (AP)

WASHINGTON

Hezbollah Identifies Undercover CIA Officers

The militant group Hezbollah revealed on Friday the identities of CIA officers working undercover in Lebanon. The disclosure comes after Hezbollah managed to partially unravel the agency's spy network in Lebanon after running a double agent against the CIA, former and current U.S. intelligence officials said. (AP)



Cause and Effect: A new report shows that speculative real estate investors played a larger role than originally thought in driving the housing bubble that led to record foreclosures and sent economies plummeting in Nevada, California, Arizona, Florida and other states. Federal Reserve Bank of New York researchers found that investors who used low-down-payment, subprime credit to purchase multiple residential properties helped inflate home prices. (AP)



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Email: rani.athota@nih.gov



Nation

President Heralds End Of Divisive War in Iraq

Washington

Eager to put the long and divisive Iraq war to rest, President Obama declared Monday “those days are over” with the last American troops heading home, but he pledged the U.S. would remain committed to the fledgling government they leave behind. He and Iraq’s leader somberly saluted America’s war dead at Arlington National Cemetery.

“A war is ending,” Obama said, standing with Iraqi Prime Minister Nouri al-Maliki at the White House. U.S. troops are leaving “with honor and with their heads held high,” continued the president, who strongly opposed the war as a candidate for the White House.

The last American troops are to be out of Iraq by Dec. 31. Thousands of others are still in Afghanistan. Just 6,000 remain in Iraq, down from 170,000 at the war’s peak in 2007.

The withdrawal will cap a war



President Obama, left, and Iraqi Prime Minister Nouri al-Maliki lay a wreath Monday at Arlington National Cemetery.

in which nearly 4,500 Americans were killed, roughly 32,000 were wounded, hundreds of billions of dollars were spent and the American political debate was consumed until economic woes brought attention back home.

To the Iraqi people, who still face massive challenges in rebuilding a society, Obama said: “You will not stand alone.” BEN FELLER (AP)

Sandusky to Face His Accusers

Philadelphia

On the eve of a key court hearing, Jerry Sandusky’s lawyer said that no plea negotiations have been held and that the former Penn State assistant football coach is looking forward to facing his accusers in the child sex-abuse case.

As many as 10 young men could testify in public for the first time at the hearing, which is expected to last at least a full day Tuesday and perhaps spill into a second day.

At the preliminary hearing, a judge will decide if prosecutors have enough evidence to send the

case to trial. It’s almost a given that prosecutors will succeed, because they have detailed the accusations in a 28-page grand jury report.

The ex-coach’s lawyer said the defense is eager to hear from the witnesses and gauge the strength of the case. “We plan to proceed with Jerry’s hearing, and Jerry is looking forward to the opportunity to face his accusers,” lawyer Joe Amendola said.

Sandusky, 63, is charged with more than 50 counts of child sex-abuse involving 10 boys he met through the children’s charity he founded. MARYCLAIRE DALE (AP)

\$10.24 The minimum wage in San Francisco starting in January — more than \$2 above the California minimum wage and nearly \$3 more than the working wage set by the federal government. In 2003, a proposition was passed that requires the city to increase the minimum wage each year. (AP)

NBA Owner Rises To Challenge Putin

Spurred by protests in Russia, tycoon to seek presidency

Moscow

After a week of surprising challenges to his authority, Vladimir Putin faces a new one from one of Russia's richest and most glamorous figures: The billionaire owner of the New Jersey Nets says he will run against him in March's presidential election.

The announcement Monday by Mikhail Prokhorov underlines the extent of the discontent with Putin, who has dominated Russian politics for a dozen years.

Prokhorov refrained from criticizing Putin or President Dmitry Medvedev but said that "society is waking up."

His move comes on the heels of Saturday's unprecedented nationwide protests against Putin and his party, United Russia. Tens of thousands of people gathered to

Wide Ambitions

Mikhail Prokhorov, a 46-year-old billionaire bachelor, is known for lavish parties and the occasional scandal.

► **His fame:** Prokhorov made his fortune in metals and banking, and became majority stakeholder in the New Jersey Nets last year. He has traveled widely to build a fan base for the team, in the process showing off his 6-foot-8 frame and excellent command of English.

► **His politics:** It is unclear how effective a challenger he might be. His wealth, estimated by Forbes magazine at \$18 billion, and his playboy reputation may turn off voters who resent the fortunes compiled by tycoons, as many Russians struggled after the Soviet Union collapsed. (AP)

denounce alleged fraud in the Dec. 4 parliamentary elections.

Medvedev has promised that the fraud will be investigated. But Putin spokesman Dmitry Peskov predicted Monday the probe will show little fraud occurred.

Peskov's comment signaled that Putin, who served as Russia's president from 2000 to 2008, is holding firm, despite the largest protests in post-Soviet Russia.

Prokhorov is not the first of Rus-

sia's superrich with political ambitions. Mikhail Khodorkovsky, once Russia's richest man, has been in prison since 2003 on tax evasion and embezzlement charges widely seen as punishment for challenging Putin.

In another challenge to Putin, his former finance minister, Alexei Kudrin, said Monday he was ready to work to form a new party.



2M
The number of signatures Mikhail Prokhorov needs to enter Russia's presidential race. (AP)

Kudrin, 51, was widely credited with softening the blow of the 2008-09 global downturn in Russia with his fiscal policies.

Kudrin was fired in September for saying he would not serve if Medvedev agreed to step aside and allow Putin to seek the presidency. The decision by Medvedev and Putin to effectively swap positions was seen by critics as anti-democratic. JIM HEINTZ (AP)

In Brief

TUNIS, TUNISIA

Interim Leader Elected In Wake of Arab Spring



Marzouki

Tunisia's new assembly on Monday chose veteran rights activist Moncef Marzouki as the country's first democratically elected president. The election of the interim president follows the weekend approval of temporary bylaws to guide the nation until the assembly finishes a constitution and comes nearly a year after Tunisia ousted longtime dictator Zine El Abidine Ben Ali, triggering the Arab Spring. (AP)

LONDON

Police: PI Did Not Delete Messages in U.K. Hacking

A private investigator working for Rupert Murdoch's News of the World tabloid did not delete voicemails from the phone of a slain girl, a police lawyer said Monday — casting new light on the critical event that sparked Britain's phone hacking scandal this summer. "The most likely suggestion is that existing messages automatically dropped off after 72 hours," lawyer Neil Garnham said. (AP)



ECOLOGY

Plenty of Other Fish?

The underwater world in Disney's "Finding Nemo" is teeming with life, so scientists assessed the ecosystem of the clownfish and his friends to see how their real-world counterparts were faring. An average of 16 percent of the species featured in the movie face the threat of extinction, according to the study of 1,568 species conducted by the International Union for Conservation of Nature and Canada's Simon Fraser University. (THE WASHINGTON POST)

To Pile Pressure on Assad, Syrians Launch a Strike

Beirut

Syrians closed their businesses and kept children home from school Monday as part of a general strike, a powerful show of civil disobedience to pressure President Bashar Assad to end his nine-month crackdown on a popular uprising.

The open-ended strike takes direct aim at Syria's ailing economy. It is designed to erode Assad's support base: the merchant classes who have benefited in recent years

Meanwhile ...

A new round of clashes between Syrian troops and army defectors that began Sunday with a major battle in the south spread to new areas Monday, raising fears the conflict is spiraling toward civil war. At least 16 people were reported killed nationwide on Monday, according to activist networks. The U.N. on Monday said that more than 5,000 people have been killed since March. (AP)

as Assad opened up the economy.

If the economy continues to collapse, Assad could find himself with few allies inside Syria. He is already struggling under international isolation and sanctions.

It is difficult to gauge the strike, as the regime has banned most foreign journalists, but there were signs it was widely observed.

The opposition wants the strike to continue until the army pulls out of cities and the regime releases thousands of detainees. (AP)



Wild Discoveries: A psychedelic gecko and a nose-less monkey with an Elvislike hairdo are among 208 new species described last year by scientists in the Mekong River region of Southeast Asia, a conservation group announced Monday. The animals were discovered in an extraordinarily biodiverse region that is threatened by habitat loss, deforestation, climate change and overdevelopment, the World Wildlife Fund said in a report. (AP)

Hearsay

"She helped, she helped, and she helped."

— HOWARD GUTMAN, U.S. AMBASSADOR TO BELGIUM, SPEAKING MONDAY AT A CEREMONY HONORING AUGUSTA CHIWY, 93, A NURSE WHO SAVED THE LIVES OF HUNDREDS OF AMERICAN SOLDIERS DURING THE BATTLE OF THE BULGE AT THE END OF WORLD WAR II. CHIWY WAS HONORED WITH THE CIVILIAN AWARD FOR HUMANITARIAN SERVICE.

In Brief



Gov. Martin O'Malley joined Andhra Pradesh state Minister Kiran Reddy.

ANNAPOLIS, MD. O'Malley: \$60M in Deals Signed During India Trip

Nearly \$60 million in business deals were signed during Maryland's recent trade mission to India, and deals worth millions more are in the works, Gov. Martin O'Malley said Monday. The trip was aimed at creating more jobs and opportunities in Maryland by strengthening the state's relationship with India and selling the state as the best place for Indian companies to get a foothold in the American market. (AP)

WASHINGTON Republicans Pick Beatty As Council Nominee

D.C. Republicans appear to have settled on their nominee in next year's race for an at-large seat on the D.C. Council after accountant Tim Day withdrew from the race Monday and endorsed Mary Brooks Beatty, a former Ward 6 advisory neighborhood commissioner. She is now the only announced GOP candidate in the race. She will run in the Nov. 2 general election for the seat reserved for a candidate from a non-majority party. (THE WASHINGTON POST)

FREDERICKSBURG, VA. VDOT Unveils Commuter Travel Time Displays

Northern Virginia commuters can now count the minutes while they sit in traffic on Interstate 95. The Virginia Department of Transportation took the wraps off electronic message signs Monday between Fredericksburg and D.C. The signs will display estimated travel times, giving motorists a heads-up on what lies ahead or the option to seek alternate routes. (AP)

Gray to Refocus Jobs Program

D.C. mayor says city needs to find more unemployed to help

Washington

Mayor Vincent C. Gray said he is refocusing an ambitious initiative meant to match 10,000 unemployed residents to private-sector jobs in a year, instead making its goal to find those jobless citizens.

In September, Gray launched One City, One Hire — a jobs program modeled after a similar effort in Atlanta — with a call to private

businesses to participate. The number of businesses participating has jumped to almost 300 from 15 at the program's beginning.

About 1,000 residents have been matched with jobs in that time, but city officials say they now need to register more unemployed residents into the program so they can take advantage of opportunities.

Gray said his administration, led by the Department of Employment Services, will "focus much more intensely on finding job-seekers."

City officials are calling the shift in focus the second phase of the program. "We know we have

Meanwhile ...

D.C. Mayor Vincent Gray is undertaking an environmental initiative he believes would one day make the city a national model for clean energy, urban farming, green space and car-free transportation options. Gray, who is heading into his second year as mayor, said he formed his Sustainable D.C. initiative to strengthen city efforts to reduce reliance on fossil fuels and lay the foundation for proposals that would revitalize an administration criticized for lack of vision. (TWP)

thousands of people who are not in our system," said Lisa Mallory, director of DOES.

Gray and Mallory kicked off the effort with a news conference Monday at the Martin Luther King Jr. Memorial Library, one of 25 libraries and sites of community organizations where residents can sign up using a one-page form or by logging on at Onecityonehire.org.

The first registration event is from 11 a.m. to 2 p.m. Wednesday at Deanwood Recreation Center in Ward 7. More registration dates are confirmed through Feb. 1. NIKITA STEWART (THE WASHINGTON POST)

Fallen Va. Tech Officer Laid to Rest



VIRGINIA GOV. BOB MCDONNELL SPEAKS during the funeral service for Virginia Tech police officer Deriek W. Crouse, who was killed Dec. 9 in a parking lot on the campus of Virginia Tech in Blacksburg, Va. Ross Truett Ashley, 22, a student at nearby Radford University, is suspected in the shooting. Ashley reportedly killed himself after the shooting.

Gas Company Set to Clean Up Anacostia Site

Washington

Federal and district officials say Washington Gas has agreed to pay more than \$700,000 and clean an area along the Anacostia River polluted by decades of gas production.

The Department of the Interior announced Monday that Washington Gas will remove up to 3 feet of contaminated soil from a stretch of the river's edge near the former plant site. And the company will pay to investigate whether groundwater in the area is continuing to contaminate the river.

The Department of the Interior says gas was produced at the former plant from the 1880s to the 1980s, primarily from coal and oil. The plant was demolished in 1986. (AP)

The Lotteries

Monday, Dec. 12

Maryland

Mid-day Pick 3	1-6-3
Evening Pick 3 (Sun.)	6-1-6
Mid-day Pick 4	6-6-2-7
Evening Pick 4 (Sun.)	4-3-8-2
Match 5 (Sun.)	3-9-18-21-33 (32)

District

Mid-day Lucky Numbers	7-4-8
Evening Lucky Numbers (Sun.)	7-4-6
Mid-day DC 4	5-2-8-4
Evening DC 4 (Sun.)	9-1-0-9
Mid-day D.C. Five	7-7-8-8-8
Evening D.C. Five (Sun.)	8-4-0-0-9

Virginia

Mid-day Pick 3	5-0-9	Evening Pick 4 (Sun.)	3-7-0-9
Evening Pick 3 (Sun.)	5-3-9	Mid-day Cash 5 (Sun.)	10-17-24-29-33
Mid-day Pick 4	6-6-0-0	Evening Cash 5 (Sun.)	5-14-20-22-32

All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.

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Metro Is Making People Sick

Q I may have to stop commuting via Metro if it can't figure out a way to make the trains smoother at starts and stops; it's literally making me sick to my stomach. Is there any hope at all for the end of manual trains?

Metro has made no announcement about plans to return to automatic train controls anytime soon. Metro has been working on the train control circuits and other technology upgrades. GM Richard Sarles said he knows about the problems for the trains and for riders with manual control, but he won't go back to automatic before he's sure it's safe.

Q I complained last week about the abominable service times last week with the Red Line shut down. This week's single-tracking was just as bad. ... They have to do a better job or I'm just going to stop riding, period.

This coming weekend is the last weekend of single-tracking for the year. That will pick up again in January, along with the more disruptive maintenance work that involves shutting stations and transferring riders to buses. I've been reluctant to recommend Metro on weekends for holiday shoppers, mainly because of the disruptions.

Q We are thinking of moving to Annapolis to be closer to my spouse's work. However, I need to come into D.C. three times a week. Do you know anything about the reliability of the buses that run between the two?

I don't recall ever getting a complaint about the Maryland Transit Administration's commuter bus service between Annapolis and D.C. This would be Routes 922 and 950. My guess is that the parts of the trip along Route 50 in Prince George's go pretty well because of the HOV lanes. Some commuters from the Annapolis area will come in on Route 50 and park at the New Carrollton Metro station to pick up the Orange Line, but the garage gets crowded early.

Q Arriving at the Twinbrook station Monday, I just missed boarding a train that had just closed its doors. However, the train did not leave the station, since there were delays due to a sick passenger at another station. Of course, the train just sat there without opening its doors. ... The operator made sure that everyone got a real taste of what Metro really thinks about its passengers.

Standard operating procedure is to keep the doors open as long as the train is at the platform. I can only guess what was going on in this case. If the operator had opened the doors again at the platform and then held there, I'd probably be reading complaints from riders about the operator keeping the doors open and everyone aboard freezing.

Q Metro is going to start running Yellow Line trains from Franconia/Springfield mid-next year. I understand it needs to change signs and maps. Why not start running the trains right now so that we can get the benefit sooner rather than later? I do not need a sign or a map to know where the train is going. At least a couple trains an hour.

This is the first time I've heard from anyone anxious for the Blue/Yellow Line split to get started. Transit staffers are very concerned about the possibility of people getting on the wrong trains or just about not understanding the reasons Metro wants to send some of the trains from Franconia-Springfield over the Yellow Line bridge into L'Enfant Plaza. Metro thinks it needs all the time it can get to publicize this.

Dr. Gridlock offers commuter counseling online at washingtonpost.com.

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Cover Story

Campaign Gets Testy

Trying to win the GOP nod, Gingrich and Romney trade barbs over their riches

Manchester, N.H.

Trading accusations of greed, Mitt Romney and Newt Gingrich challenged each other Monday to return millions made in private business as the race for the GOP presidential nomination turned increasingly acerbic and personal at the start of a three-week sprint to the Iowa caucuses.

Far from Iowa, the two men campaigned miles apart from each other in next-up New Hampshire, where Romney has long dominated in polls but where Gingrich is working to make inroads.

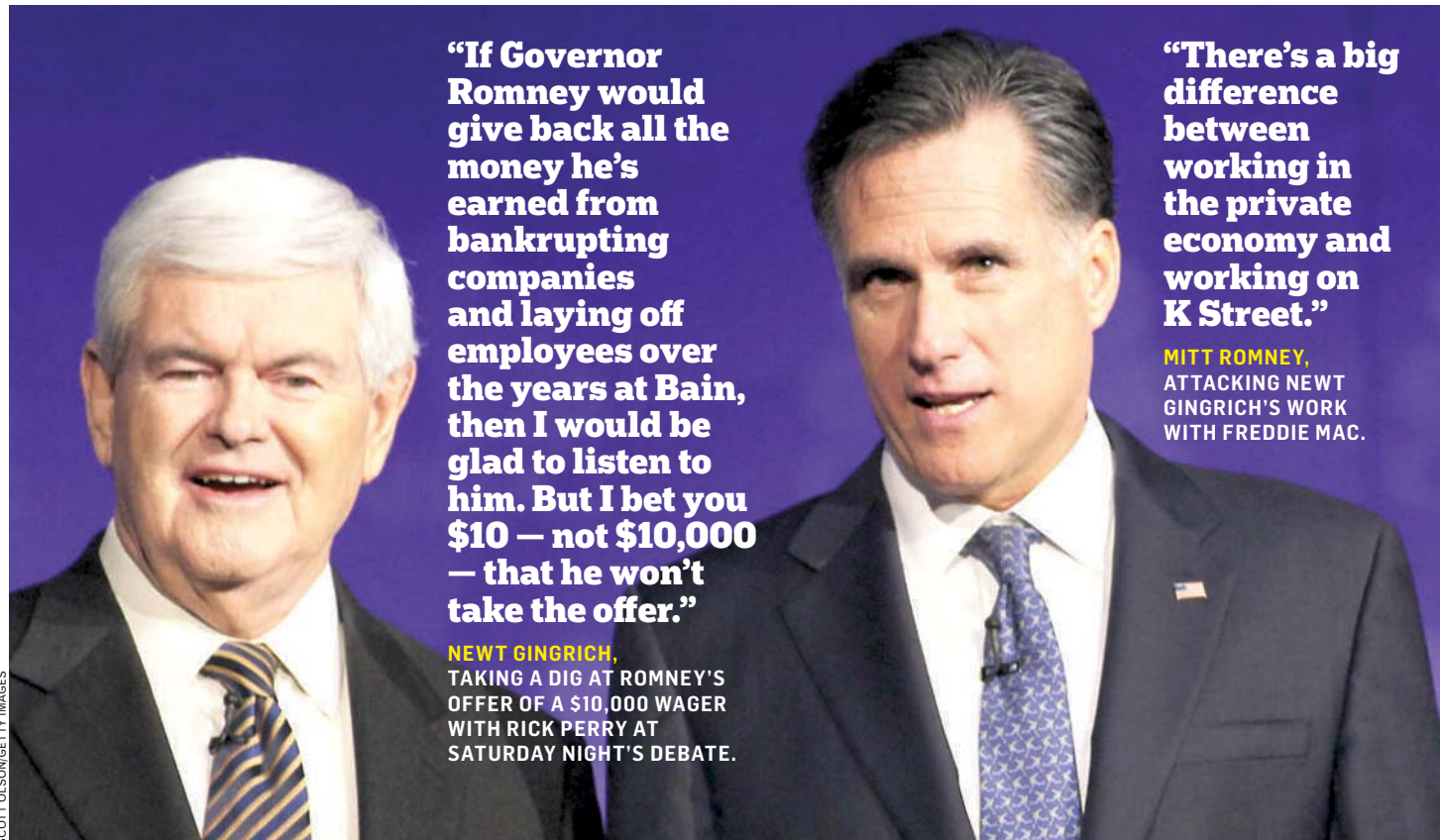
Romney called on Gingrich to return the estimated \$1.6 million he received for providing strategic advice to Freddie Mac, the quasi-government agency that guarantees home mortgages. Gingrich has said he acted as a historian, not a lobbyist.

"That would make him the highest-paid historian in history," Romney told Fox News Channel. He suggested that Gingrich was an ultimate insider who leveraged his position as a former House speaker to line his pockets when he left office. Said Romney: "One of the things that I think people recognize in Washington is that people go there to serve the people and then they stay there to serve themselves."

Gingrich countered quickly, saying that Romney should give back the millions he made working at Bain Capital, a venture capital firm that sometimes laid people off as part of its efforts to make businesses more efficient.

Romney's campaign also sent news releases labeling Gingrich "unreliable" and pictured him with House Democratic leader Nancy Pelosi.

Romney's stepped-up criticism of Gingrich came two days after the



"If Governor Romney would give back all the money he's earned from bankrupting companies and laying off employees over the years at Bain, then I would be glad to listen to him. But I bet you \$10 — not \$10,000 — that he won't take the offer."

NEWT GINGRICH, TAKING A DIG AT ROMNEY'S OFFER OF A \$10,000 WAGER WITH RICK PERRY AT SATURDAY NIGHT'S DEBATE.

"There's a big difference between working in the private economy and working on K Street."

MITT ROMNEY, ATTACKING NEWT GINGRICH'S WORK WITH FREDDIE MAC.

Meanwhile

Damage Control For Gingrich

Seeking to repair vulnerabilities, Newt Gingrich spent part of the day on Monday working to alleviate concerns about some of his personal baggage that could hurt him with the social conservatives who make up the base of the Republican primary electorate. Gingrich sent a letter to the Family Leader, a key group in Iowa, pledging that he would stay faithful to his wife, Callista. The former House speaker has been married three times and has acknowledged a previous extramarital affair. (AP)

new GOP front-runner held his own in a nationally televised debate. In recent weeks, Gingrich has risen to the top of polls nationally and in early voting states.

Time is running short for Romney to curb Gingrich's rise, with the Jan. 3 caucuses in Iowa, and the Jan. 10 New Hampshire primary coming early next month.

Romney has been promising a more aggressive campaign style.

"We aren't running any negative ads ... but we may," he said Monday. "This is, after all, politics."

For his part, Gingrich said he's leading in national polls and noted that he's ahead in South Carolina and Florida. He told a Londonderry, N.H., crowd: "I'm behind a little bit here, so I need your help to finish off here and win here. It's going to be quite a race." (AP)

Rough Patch for Romney



JIM COLE/AP

Mitt Romney got into a rare heated confrontation with a gay veteran at a New Hampshire diner Monday morning that concluded with the 63-year-old man telling reporters: "You can't trust him."

The exchange began when the GOP presidential candidate sat down next to Vietnam War veteran Bob Garon at Chez Vachon. Garon,

sitting across from his husband, Bob Lemire, asked whether Romney would support repealing the law that legalized gay marriage in New Hampshire. Romney said he supported the repeal because marriage is between a man and a woman.

"OK, that means if you were in the White House, you would not support any form of legislation that would change that so a serviceman would be entitled to any benefits like a man and a woman?" Garon asked.

An aide tried to remove Romney, saying he had an interview. "Oh, I guess the question was too hot," Garon said. Romney said he gave Garon an answer.

It wasn't all bad for Romney in the state. He picked up the support of influential tea party member Tom Thomson in New Hampshire. (THE WASHINGTON POST/AP)

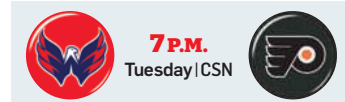
Something Is Missing

The Caps haven't been able to fill the void left by the injured Green

The Capitals

Mike Green's contributions to the Capitals this season have been obvious. His absence has been even more noticeable.

Despite all the star power on the roster, the loss of the defenseman to ankle and groin injuries has been a major hurdle the Caps have struggled to overcome this season. Nicklas Backstrom says the team needs to figure out its power play without Green. Karl Alzner is moving forward as if Green's return is months away. "[We're] just pretending that we don't have that player," Alzner said.



Since Green last played on Nov. 11, a 3-1 victory over the New Jersey Devils, the Caps are just 5-8-1. "[Green] plays a lot of minutes, and you can tell when he's out there," Backstrom said. "You can see it's different when he's out there."

Missing Firepower

Without Green, Washington lost its status as an elite NHL club but is now clawing its way back toward the top of the Southeast Division. The Florida Panthers lead Washington by six points.

At practice Monday morning, Green was the only player not on the ice. Capitals coach Dale Hunter said the All-Star traveled to see a groin specialist and would rejoin

Green's Impact

How much do the Capitals miss Mike Green? In his absence, the team is 5-8-1 and fell on such hard times that coach Bruce Boudreau was fired in favor of Dale Hunter.

Also Out ...



Philadelphia's leading scorer, Claude Giroux, is slated to miss Tuesday night's game after a possible concussion from a hit to the head during Saturday's 5-2 win over the Tampa Bay Lightning. Giroux leads the NHL in scoring with 39

points and is fourth with 16 goals. The Flyers' defensive leader and team captain, Chris Pronger, will also be absent from the game. Pronger is sidelined indefinitely with concussion-like symptoms. R.A.

play begun to show any signs of life.

After Dennis Wideman's two power-play goals and four points on Saturday against the Toronto Maple Leafs, Backstrom said players are finally beginning to fill the void on special teams. "[Green's] really good on the [power play], but we have other guys stepping up," Backstrom said. "Wideman had an unbelievable game. You have to look at it that way."

Difference-Maker

Throughout a trying November that saw the Caps fall out of the Eastern Conference's top eight for the first time in three years, it became apparent Green is the linchpin to more than the power play.

During his absence, the squad

Jagr Returns to D.C.

Tuesday's game marks the return of Jaromir Jagr to Verizon Center as a member of the Philadelphia Flyers. In 24 games played this season, the former Capitals winger has 24 points (10 goals, 14 assists) and is coming off a two-point performance against Tampa Bay on Saturday night. "He looks pretty good this year," new Caps coach Dale Hunter said. R.A.



In Brief



Pittsburgh's Sidney Crosby began feeling concussion-like symptoms last week.

PRO HOCKEY

Crosby Out Indefinitely

Pittsburgh Penguins star Sidney Crosby is out indefinitely with concussion-like symptoms. Crosby said Monday he noticed last week a recurrence of the problems that sidelined him for more than 10 months earlier this year. (AP)

PRO FOOTBALL

Miami, K.C. Fire Coaches

Tony Sparano was fired on Monday as coach of the Miami Dolphins, the third dismissal of an NFL coach in the past two weeks. The move came after the Dolphins lost to the Philadelphia Eagles to fall to 4-9, and hours after the Kansas City Chiefs fired coach Todd Haley. (AP)

PRO BASKETBALL

Paul Trade Collapses

Days after a trade that would have sent New Orleans Hornets point guard Chris Paul to the Los Angeles Lakers was nixed, another deal that would have sent the All-Star to the Los Angeles Clippers fell through on Monday. ESPN reported that the NBA, which owns the Hornets, was asking for too much in the trade, causing the Clippers to balk. (EXPRESS)

MAJOR LEAGUE SOCCER

United Loses 2 Veterans

Unlike last year, when D.C. United used the MLS re-entry draft to add pieces such as veteran forward Josh Wolff, the club stood pat and instead saw a pair of former starters head elsewhere. D.C. lost left back Marc Burch to Seattle and longtime midfielder Clyde Simms to New England in the process, which is used to facilitate movement for out-of-contract players in the league. AVI CREDITOR

has struggled in other facets Green excels in: defense, defensive zone breakouts and scoring off the rush. "It's a big difference; he brings every single element to the game for us," Alzner said.

Green is also missed on defensive clears and odd-man rushes. His speed creates scoring chances with end-to-end streaks that few Caps defenders can execute.











"He has the ability to make a move and sidestep guys better than any defenseman I've ever seen before," Alzner said. "We come out of the zone clean with him a lot."


With the Philadelphia Flyers in town for a battle of soon-to-be conference rivals, the loss of Green couldn't have come at a worse time. "He's good to have on the blue line," Backstrom said. "He skates well and moves well. He's really good on offense and defense, and we miss him." REED S. ALBERS

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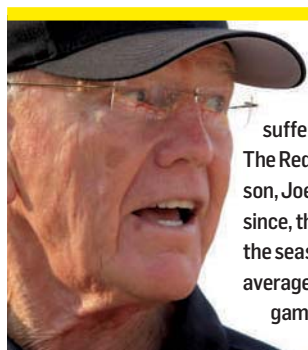
AD BONE MARROW 03/07

Redskins Cool Off Late in Year

December has been an especially harsh month for franchise

The Redskins

While the best NFL teams are making plans for the playoffs and playing their best football of the season, the Redskins are once again plodding their way toward the finish line. It's not like September, October and November have been particularly kind to the Redskins in recent years, but the month of December has been especially harsh.



A Steep Decline

Statistically, recent Redskins teams have suffered major declines as the season has worn on. The Redskins last made the playoffs in the 2007 season, Joe Gibbs' last year. In the three-plus seasons since, they've tallied fewer yards in the final month of the season than in each of the first three — and they've averaged fewer than 18 points in their 16 post-Dec. 1 games. That ranks them 27th in the league. (TWP)

Since Joe Gibbs left Washington after the 2007 season, the Redskins have posted some of the worst December performances of any NFL team. Every other franchise except the St. Louis Rams

has won more late-season games than the Redskins in that period. In fact, the Rams and Redskins are the only two teams to total fewer than five post-Dec. 1 wins over those four years. Since

the Redskins' last playoff berth, Washington is a combined 3-13 after Dec. 1.

With losses in recent weeks to the New York Jets and the New England Patriots, Washington hopes its first December win of the season might come next Sunday against the New York Giants.

"I don't really have answers why it's happening or what's happening," said safety Reed Doughty, who has been with the Redskins since 2006. "I know we're going to go out each and every week to challenge them and play hard. We just need to find a way to win."

RICK MAESE (THE WASHINGTON POST)

TV Lineup

CAPITALS (7 P.M., CSN) The Caps host the Philadelphia Flyers in a preview of what next year's realigned NHL will look like.

PRO HOCKEY (9 P.M., VERSUS) The San Jose Sharks and Colorado Avalanche will both try to snap a losing skid when they face off.

MEN'S COLLEGE HOOPS (7 P.M., ESPN2; 9 P.M., ESPN) Villanova should have no trouble against Boston University, and then Minnesota tips off against Central Michigan.

WOMEN'S COLLEGE HOOPS (7 P.M., ESPN) Pat Summitt leads No. 7 Tennessee against No. 11 Rutgers in a nonconference game featuring two national powerhouses.

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If the thought of three more weeks of holiday parties — and tables topped with heavy cream cheese-y and mayonnaise-y dips — is making your tummy turn, pick up one of Tribe Hummus' new "culinary-inspired" flavors (\$2.50-\$5.50). Cilantro Chimichurri has the potential to divide party guests, but you can't lose with Savory Mushroom (available locally at Giant Food stores), which has only 60 calories per hearty, garlicky, cholesterol-free serving.

Ready To Ride

Cycle studio Revolve offers three signature classes geared toward different objectives

The resistance on their Schwinn's was cranked way up, but that didn't stop the students at Revolve, a new Clarendon cycling studio, from pumping their legs faster and faster last Friday. "Don't let me catch you," instructor Angel Stone warned as she quickened her pace. "I like catching people."

So does Revolve's president, Sylvan Garfunkel, who believes the studio will attract customers looking to get more out of their cycling classes than what larger gyms can offer. "Yoga has been its own stand-alone thing. It was just a matter of time for people to do that with other kinds of group fitness," says Garfunkel, who's seen New York become inundated with boutique cycling gyms.

It's still a relatively new phenomenon in the Washington area. And although other cycle-centric studios have opened recently in the region, both Cycle Studio in Alexandria and ZenGo in Bethesda also offer off-the-bike classes. "I think I could make the argument that you want to pick one thing and do it the best you can," Garfunkel says.

Revolve is all about the ride. Instructor Christianne Phillips has developed three kinds of classes designed to appeal to cyclists of all stripes. Real Ride mimics out-

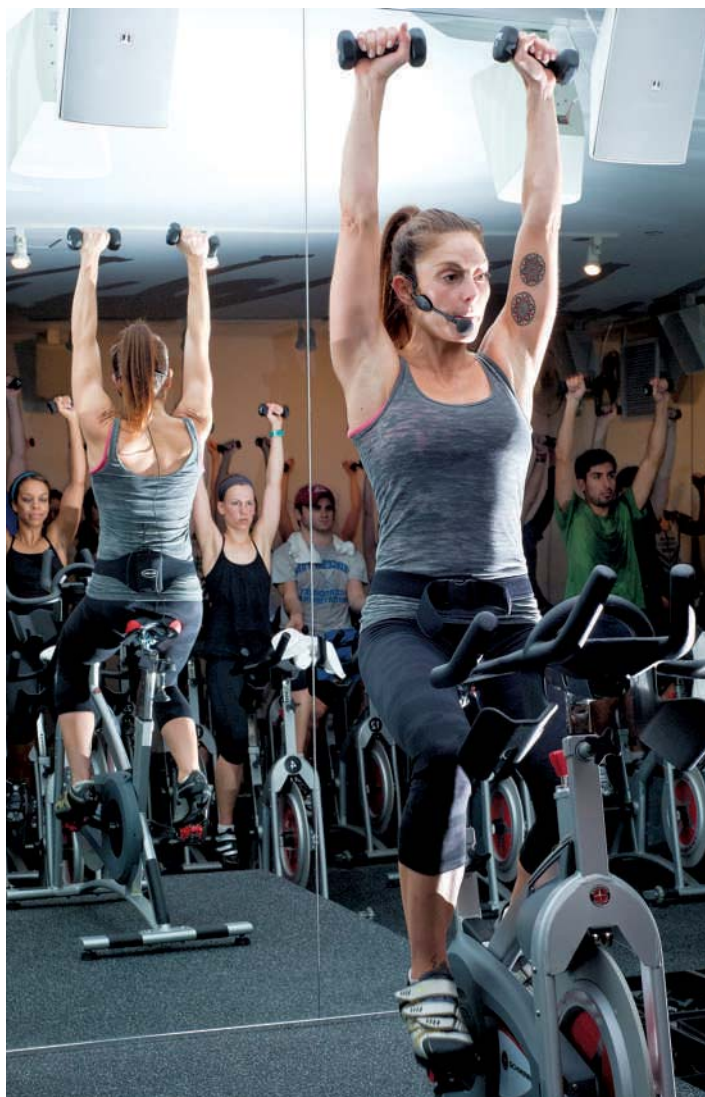
Wheel Deal

Revolve (1025 N. Fillmore St., Arlington; 703-567-4516, Revolvefitness.com) is offering a 30 percent discount on all rates throughout December. So one class is \$14 instead of \$20, and packages allow you to come for as little as \$12 per visit. More classes are being added.

door cycling. Complete Ride takes a cue from the New York studios that introduced strength training by adding upper-body movements with light dumbbells. Barre Ride is split into two sections, half in the saddle and half using the handlebars to balance as the class performs plies, leg lifts and other dance-inspired toning exercises on the floor space between the bikes.

The barre segment is done just in socks, but everything else requires cycling shoes, which boosts the power of one's pedal stroke. Students can bring their own, rent them for \$2 per class or buy a pair (\$130) from Revolve.

Once the shoes are on, there's nothing to think about other than cycling, Garfunkel hopes. Lockers have built-in locks, so students can feel secure leaving everything inside, particularly cell phones, which aren't permitted in the cycling room. Towels are waiting on each of the 40 bikes when students enter, and there's no question who should sit where, because students reserve seats when registering



Revolve's Complete Ride class, developed by instructor Christianne Phillips, above, includes a strength-training segment, so you pedal while lifting light dumbbells.

for class. After they've sweated and stretched, they can skedaddle immediately. The staff takes care of cleaning the room. (There are no showers, so students are responsible for cleaning themselves at home.)

Soon, Revolve will implement a check-in system using three iPads near the entrance. Tap on your class and then your name, and type in your PIN to register. That'll also bring up your personalized bike

"You want to pick one thing and do it the best you can."

— SYLVAN GARFUNKEL, REVOLVE, WHICH OFFERS CYCLING EXCLUSIVELY.

settings, which will make it simpler to get your ride set up.

Efficiency was certainly a draw for students at Stone's Complete Ride on Friday. "Everyone's so busy," said Anne Sharp, 25, who came with two of her fellow Lululemon employees also looking to get a quick butt kick. "And I don't necessarily know what I'm doing in the weight room."

Vicki Price regularly rides her bike, but this was the first cycling class she'd taken. Although she adores being outdoors, she decided to give Revolve a whirl. "This is so close — and it's so cold right now," explained the 54-year-old, who also appreciated that she was able to get in and out (but still manage a whole lot of interval training).

The feedback is encouraging to Garfunkel, who plans to open additional locations in D.C. and New York. Like the Clarendon studio, they'll be built with recycled wood and rubber flooring. The goal is to go even greener and get bikes that generate electricity.

It's already in the room — they just need to send it to the power grid. VICKY HALLETT (EXPRESS)

PHOTOS BY TEDDY WOLFF

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Getting at the Naked Truth

Q My boyfriend of almost a year is addicted to porn. It's all over his room, and he loves to talk about it. His addiction concerns me, since that seems to be the only thing on his mind. How do I get him to stop and notice me? IGNORED GIRLFRIEND

If he's truly addicted to porn — and, yes, such an addiction does exist — then it will be difficult for you to do anything about it alone. Like any compulsive behavior grown out of control, there are biological, emotional and cognitive aspects of it that usually can't be tackled by sheer willpower (or nagging).

He needs to recognize that there's a problem, and no amount of "Stop it!" will cut the mustard. The fact that he loves to talk about it might mean that he's not

necessarily motivated to cut down on it (or that he's not particularly secretive about it, as people who are consumed with sexual addictions often are). There's also the possibility that this isn't an addiction but milder dysfunctional behavior, or representative of some sort of conflict between the two of you. The only path out of this is for you to begin an honest conversation with him. More info about the signs and symptoms of porn addiction can be found at Sexualrecovery.com.

See Spot Appear At Every Event

Q One of our friends takes her dog everywhere. My friend hosted a lunch, and this friend brought her dog. Reluctantly, the hostess said OK but was not crazy about the idea. It's not that any of us dislikes the dog; we just feel that the dog shouldn't go to every event. Even when we all go to a restaurant, she will bring her dog and leave it in the car. That's inhumane. I suggested that she leave the dog at home, and she told me that the dog wants to go out with her all the time. Geez! HELP!

I never particularly loved the advice-column cliché of telling the letter-writer to show his or her letter to the person he or she wrote about, but in this case, it seems like a plausible solution. That can open a dialogue with her, so you can determine how willing she is to see that the status quo is not in anyone's best interest.

I'm no canine expert, but it's clear that being trapped in a car — or being an unwelcome and involuntary party crasher — is not an ideal situation for a dog. It's clear you care for your friend and are fine with her dog, so don't do a complete embargo. Throw her the bone (sorry!) of offering to have occasional activities where the dog is welcome.



By Dr. Andrea Bonior

@ Send your questions to Dr. Andrea Bonior at baggage@readex-press.com. Andrea is a local clinical psychologist and author of the book "The Friendship Fix" (Friendshipfix.com).

Event Horizon Market Fresh

It's an odd time to launch a farmers market, but D.C. CHEW (Community Harvest Education Ward 7; Dcchew.com) will make it worth it to shiver while you shop. Chef Carla Hall will be at the intersection of Good Hope Road, Naylor Road and Alabama Avenue SE on Saturday at 11 a.m., and a collection of vendors (selling baked goods, hummus, nuts and more) will be around from 10 a.m. to 2 p.m. The market will then go on hiatus until spring.

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Tech Touchdown

Former Redskins star Joe Theismann helps promote healthy living with the Macaw app

A whole lot has changed since Joe Theismann started playing football. The 62-year-old former Redskins quarterback can't believe what coaches once encouraged him to eat ("steak and potatoes") and how unfocused his training was back then compared to what athletes do today. But the biggest difference, he says, is how much simpler it's become to keep tabs on your health.

"There was an industrial revolution, then a technological revolution, and now there's a health revolution," says Theismann, who spent last week helping launch Macaw, a new app that he promises will make monitoring even easier.

The free app, available for the iPhone and Android, was developed by U.S. Preventative Health and Qualcomm to be the ultimate wellness hub. It does some stuff that's familiar, such as letting users set goals, get info and turn their efforts into a game (with a chance to win prizes). It can also tap into a phone's GPS to track how much someone's walked or run.

What makes it a bird of a different feather is that it's also able to communicate wirelessly with health devices. For now, it's limited to the Fitlinxx Actived pedometer.



COURTESY, JOE THEISMANN

In addition to hitting the gym, Joe Theismann uses golf to help stay in shape.

Joe Knows

Nutrition: "I eat six meals a day," says Theismann, who always begins his mornings with a hearty breakfast. But some of his "meals" are much smaller (sometimes just a piece of fruit), and you won't see him stuffing himself at night. And there's one thing you'll never find on his plate: red meat. "I haven't had it for 20 some odd years," he says. "It made me sluggish. I figure with the energy my body needs to digest it, I could be doing something else."

Exercise: "My butt has always been my personality, so I can't lose that," Theismann says. That's why squats and leg extensions feature prominently in his regular workouts.

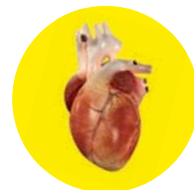
But the developers expect to have a connection worked out for other products shortly, including a scale, blood pressure monitor and glucose monitor. That means users won't need to write anything down or remember patterns — all of their stats will be stored on their phones for easy reference.

Just as a car tells you how fast you're going, whether your seat belt is buckled and the amount of gas left in the tank, the app will serve as a dashboard for your body. When you gain access to that knowledge, you'll be more motivated to take charge of your health, Theismann says. (He offers some of his wellness suggestions in the box below.)

So if technology can tackle the obesity crisis, maybe it can do something about the Redskins' dismal performance this season. "There's no app for that," Theismann jokes. VICKY HALLETT (EXPRESS)

He emphasizes cardio and weights, but recognizes he needs to add in more stretching. ("I should probably do yoga," he admits.) He also stays active — and competitive — by playing racquetball and golf.

Energy: When most people get home after a long day, they like to kick back. Theismann kicks up. "You have to think about how much time I spend in an erect position," says Theismann, who wants to make sure he doesn't suffer from varicose veins like his mom did. "So I pop my feet up on the bed and let the blood drain back into my body. Doing that makes my legs feel fresher."



Change of Heart: Marathons and triathlons aren't just tough on your legs. An Australian study published in the *European Heart Journal* found that immediately after elite athletes competed in these events, their hearts were enlarged and the function of their right ventricles had decreased. In just a week, most of the damage was reversed — except in the five subjects who'd been competing the longest. Researchers say this doesn't necessarily mean endurance sports are bad for you.

Looks Delicious, but No

Strategies to help you survive — literally! — the perils of the endless holiday buffet

No one asks Santa whether he's lactose-intolerant or whether he can handle gluten. They expect him to down milk and cookies. At least, he can dump his snack in the trash without anyone noticing. It's usually a different scenario at office holiday parties and family affairs for the millions who have dietary restrictions. Here's advice for surviving the season.

Politely Deflect

Robert Long, 39, a self-described “picky eater” allergic to many nuts, remembers all too well the day a holiday party ended in a trip to the emergency room.

“A couple of co-workers were telling me, ‘You should try more things! It won't kill you,’” he recalls. When a plate of hush puppy-like fritters passed by, Long relented and sampled one. Hours later, “I noticed I was scratching an awful lot.” In the bathroom mirror at home in Falls Church, Long watched in alarm as a rash rapidly spread across his neck



and shoulders. It turned out those fritters had walnuts in them.

At the hospital, Long was treated with antihistamines. He now defends his choosiness: “I am told that the body innately knows what it is allergic to and tries to steer you away.” And he no longer lets peer pressure determine what he puts into his mouth.

Pack Your Own Chow

For Christmas at her in-laws' house, Belinda Hardesty, 36, will bring food she's prepared. “If I bring a gluten-free dessert, gluten-free gravy and a gluten-free side, I have plenty to eat,” says Hardesty, who lives in Front Royal, Va., with her husband and four kids.

The practice means she's not only contributing to the meal but also raising awareness of what's OK. Her pals have begun listing ingredients next to each dish at their potlucks, and other hosts have conferred with her to check on their menus. Often, simple modifications are all it takes to render a dish safe for those with gluten sensitivities. At Thanksgiving, for instance, “My mother-in-law cooked the stuffing separately so I could eat the turkey,” she says.

Seek Out Swaps

The list of no-nos for 35-year-old Libby Weibel includes dairy, eggs, shellfish and anything with high-fructose corn syrup. “I'm basically vegan-plus-meat,” says Weibel, noting that eating any of those forbidden foods could make her sick and even be life-threatening.

So the Falls Church resident has had to become a kitchen ninja, capable of reconfiguring almost any recipe. Her creativity recently inspired her friends to pull together a meal

“You should try more things! It won't kill you.”

— ROBERT LONG RECALLS WHAT CO-WORKERS TOLD HIM BEFORE HE ATE A FRITTER THAT SENT HIM TO THE ER.

tailored specifically to what she could eat. “We had salmon; a salad with dried fruits and two different dressings; and vegan cupcakes,” she says. “I was so grateful I cried.”

That kind of gift is what the holiday season should be about, says Samantha Lewandowski, a dietician who works with private clients and at the Center for Eating Disorders at Sheppard Pratt in Baltimore. “I hope people can focus on the quality time they have with their friends and family,” she says. “That should matter more than the food.” AMY ROGERS NAZAROV

Recipe File



MINI RED VELVET CUPCAKES

Ingredients

- ▶ Half 18.25-oz. box red velvet cake mix (divide by weight)
- ▶ 1/2 cup water

- ▶ 3 tbsp applesauce, unsweetened
- ▶ 1 large egg plus 1 egg white
- ▶ 1 cup Marshmallow Fluff

Makes Four Dozen

Preheat oven to 325 F. Combine cake mix, water, applesauce, egg and egg white, and beat until smooth. Spoon batter into wrapper-lined mini-muffin tins and bake 15 to 17 minutes. Cool one minute in the tins, then transfer to a wire rack to cool completely. Pipe on Marshmallow Fluff using a plastic bag with a corner snipped off.



(Per three cupcakes): 93 cal, 2 g fat (<1 g sat), 18 g carbs, 108 mg sodium, <1 g fiber, 2 g protein

TINY PEAR TARTLETS

Ingredients

- ▶ 4 tsp unsalted butter
- ▶ 2 Bartlett pears, peeled, cored and diced into 1/2-inch cubes
- ▶ 1 tbsp fresh lemon juice
- ▶ 2 tsp plus 1/2 tsp brown sugar
- ▶ 1/8 tsp salt
- ▶ 4 tsp plain nonfat Greek yogurt
- ▶ 18 mini phyllo shells

Makes 1 1/2 Dozen

In a large skillet, melt butter over



medium-low heat.

Add pears, lemon juice, 2 teaspoons brown sugar and salt. Cook, tossing frequently, until pears are tender but not falling apart, about seven minutes. In a small bowl, stir together yogurt and the remaining brown sugar.

Divide pear mixture among phyllo shells, spooning about 1 tablespoon into each. Top each with 1/4 teaspoon of the yogurt mixture. Sprinkle with lemon zest if desired. (RECIPES REPRINTED WITH PERMISSION OF WOMEN'S HEALTH MAGAZINE © RODALE INC.)



(Per three mini tarts): 130 cal, 6 g fat (1.5 g sat), 17 g carbs, 75 mg sodium, 2 g fiber, 2 g protein

lookout

Shake It, Shake It
Nick Nolte's infamous mug shot was actually a posed Polaroid **27**

Speaker Of the Blouse



ISTOCKPHOTO

A Finery Romance

Less than two weeks before Christmas, there are three party dresses hanging behind my bedroom door. Sadly, I will wear none of them. I haven't received a single invitation to a fancy holiday fete this season. Is it just me, or is the seasonal bash a thing of America's more lucrative



By
**Katherine
Boyle**

past? Do people still have office parties à la Sterling Cooper?

It probably is just me. I'm outing my lacking social life. But a wise girl doesn't whine; she plans her hypothetical holiday wardrobe. Here's what I'd do if I ran with the (Christmas) party crowd.

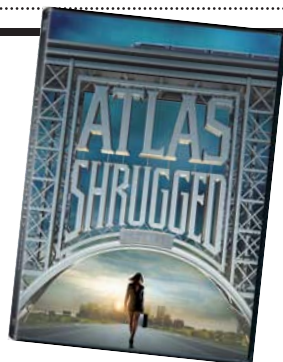
The Liz Taylor: A 1960s emerald green number that my mother found at a thrift store in Florida. Hand-beaded in Hong Kong with Jackie O. lines, it has character — and a tell-tale cigarette burn on the skirt.

The Taylor Swift: A Chloe and Reese pouffy frock that retailed for \$550 last year. I paid \$43 dollars for it at Neiman Marcus Last Call. It's low cut, bright pink and perfect for wannabe crossover artists.

The Tailored Shift: A navy silk dress with enough ruching to mask signs of sugar cookie overdose. It's what I'd actually wear to your shindig. But, ahem, I haven't seen the Evite yet.



Read Katherine's previous columns at: expressnightout.com/speaker



Objectively Awful

Breakups vary. Maybe you feel bad about this one. And maybe you don't, and you want to ruin his future dating life entirely. That's when you break out the DVD of **"Atlas Shrugged Part 1"** (\$15, Amazon.com). If that's sitting on your ex's shelf, anyone he brings home ever again — unless his date is insane, unfamiliar with economics or Paul Ryan, R-Wis. — will see it and quickly make an excuse to leave and never return his phone calls. Bonus: When he unwraps it, he may assume it's indicative of your taste and break up with you on the spot. Problem solved!



A Farewell, With Arms

Giving a soon-to-be ex a **body pillow** seems thoughtful — you don't want him to be lonely! Consider the following before you buy:
1. Before you break up, does it crowd into your bed with you? 2. After you break up, will your ex associate the pillow with you and thus either burn it or come to depend on it fully? It's best to get one with some personality of its own. Sadly, Manllows, the Etsy store famed for its Edward Cullen body pillows, is all out, so we like this one that has an attached arm and hand (\$35, Amazon.com).



GOODBYE, LOVE

What to give the person you plan to break up with after the holidays

We may not approve of dragging out a breakup until after the holidays, but we can't deny the rationale. If you don't get it out of the way by Thanksgiving, it seems mean to do it just before Christmas, which rolls you right into New Year's and Valentine's Day. Which leaves you buying a present for someone you know won't be around much longer. Really, you should just break up now. If you've resolved to stick this out through mid-February, we've got your back on gift ideas. Jerk. FIONA ZUBLIN (EXPRESS)



It's a Bird! It's A Plane! It's Bitterness!

The key to these gifts is to choose something that will ostensibly be useful but will actually annoy your unwanted mate so much she won't miss you when you cut the cord — or better yet, when she cuts it herself. **The flying alarm clock** (\$20, Thinkgeek.com) consists of a base and a propeller. When the alarm goes off, the latter leaps up in the air and falls somewhere in the vicinity of the clock. You can't shut off the blaring alarm until you find the propeller and replace it in the base.

Ask the Answer Robot

The perfect gift for your not-for-long significant other is one that requires little care or expense. You don't want her to feel bad about throwing it away when she hates your guts in a couple weeks. **The Decision Maker** (\$16, Uncommongoods.com) is a weird red robot-looking thing that functions sort of like a Magic 8 Ball — the spinning hand of the robot points to one of eight answers to any question you ask it. Like, "Why did she leave me?" (Answer: "My sources say no.")

TV tonight **lookout**

Acting Imitates Life

Pauley Perrette uses her fascination with criminology on 'NCIS'

Personalities

CBS 9:00 It figures that Pauley Perrette would excel playing forensic scientist Abby Sciuto, the Goth lab rat on CBS' crime procedural, "NCIS."

On the job in her high-tech lair, Abby is an information magnet and a bloodhound for clues to help crack the latest case with a link to the Navy or Marine Corps. And in the process, she's brainy, beautiful, charmingly quirky and totally gung-ho — which is to say, a lot like Perrette.

In its ninth season, "NCIS" remains a smash hit, averaging 20 million viewers a week. And even among its crazy-popular ensemble (including Mark Harmon, Michael Weatherly, Cote de Pablo, Sean Murray, David McCal-



lum and Rocky Carroll), Perrette is a standout.

Still, the 42-year-old actress is an unapologetic cheerleader for her show — and her character. "I'm the biggest Abby Sciuto fan on planet Earth," she says. "I mean, I didn't invent her. I just have the honor of playing her. She fascinates me."

With a lifelong interest in criminal science, "NCIS" was a natural fit for Perrette.

"I feel like life on planet Earth is incredibly hard," she says. "There are things we just can't stop: floods and fires and earthquakes and tsunamis — crushing events for people to deal with. But I don't understand someone making the world more difficult on purpose, to harm people with no empathy whatsoever, saying, 'I'm going to make things even worse. Watch me!' That's the motivation for me wanting to be a crime fighter."

Or, at least, to play one on TV.

FRAZIER MOORE (AP)

Best Bets

ABC 8:00

Last Man Standing When Mandy offers to start an Internet campaign to save Ed's favorite barbershop, Mike is thrilled to see that she's developed a passion for something. Vanessa's busy schedule catches up with her in the middle of a business presentation.

TNT 9:00

Good Morning, Killer The versatile Catherine Bell, shown, plays Ana Grey, an FBI agent investigating a kidnapping. As she builds rapport with the perp's latest victim, he suddenly changes his pattern, rewriting all the rules.

FOX 9:00

New Girl The gang attends Schmidt's (Max Greenfield) office holiday party, and Jess (Zooey Deschanel) frets when she receives an expensive gift from Paul (guest star Justin Long).

NBC 9:00



The Biggest Loser In the season finale, the eliminated contestants reunite for one more weigh-in, which will determine the winner of the \$100,000 "at-home" prize. Then host Alison Sweeney, shown, reveals which of the three finalists wins the Biggest Loser title and the big cash prize: \$250,000. (TRIBUNE MEDIA)

Royals



Ordinary People

Hosted by "Today's" Natalie Morales, "William & Kate: Inside the Royal Marriage" (8 p.m., NBC) catches up with the Duke and Duchess of Cambridge, whose wedding captured the world's attention in April. It includes behind-the-scenes details of the wedding and the couple's first trip abroad, and a peek at their everyday life in Anglesey. (TM)

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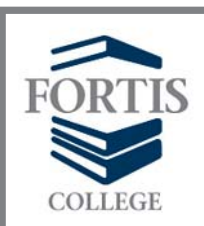
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Suitland, MD

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“Tired of those booooring old peanut butter and jelly sandwiches that aren’t chocolate-covered candy bars? ... Say hello to Peanut Butter And Co.’s ‘Smooth Operator’ peanut butter, raspberry jam and cookie base dipped in milk chocolate DROOL KEYBOARD SHORTING OUT CARTOON SPARKS EVERYWHERE CITYWIDE BLACKOUT.”

—BESTWEEKEVER.TV is rather fond of the new peanut butter candy bar available at Lidda bitsweets.com.

“Entities like this [that] hire out and train guns will always be ‘blackwater,’ with all that implies. The history exposes the dark underside of the security industry. You can call them what you want, but you can’t glorify what amounts to mercenaries.”

—MIKENORMANECONOMICS.BLOGSPOT.COM doesn’t think changing to Academi the name of the private security company once named Blackwater — and renamed Xe in 2009 — will alter the company’s image.

“Thus far, [Adrian] Fenty has been mum about a possible rematch in 2014. I think Fenty still has many supporters and unless Gray steps it up big time, if Fenty decides to throw his hat in the ring, [Vincent] Gray will have a tough fight on his hands.”

—DC-MINNIE.BLOGSPOT.COM, who voted for Gray in the last D.C. mayoral election, ponders the possibilities if Fenty ran against the man who ousted him.

“The level of ignorance displayed by Rick Perry continues to astound. His mental lapses have gone beyond the merely charming and are well into the range of true concern.”

—A COMMENTER AT THEHILL.COM’S BLOG BRIEFING ROOM wasn’t impressed by the Republican presidential candidate’s latest gaffe, in which he called solar energy company Solyndra a country.

“Don’t you love when celebrities play on your favorite game shows? I personally love Celebrity Week on ‘Jeopardy!’ and even enjoy when NFL ... players play with their fans on ‘Wheel of Fortune.’ For those of you who can’t get enough celebrity, I’m sure that ‘Hollywood Squares’ not being on air is killing you inside. Now, one of the longest-running game shows is having its first-ever celebrity week.”

—HOMORAZZI.COM is looking forward to “The Price Is Right’s” celebrity week, set to air in early 2012, which will feature stars including Neil Patrick Harris, shown; Snoop Dogg; and Jenny McCarthy playing the game for their favorite charities.

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Puzzles

Horoscope

SAGITTARIUS (Nov. 22-Dec. 21)

You may have to fill in the blanks in some way, in order to satisfy your own needs and the needs of those in your inner circle.

CAPRICORN (Dec. 22-Jan. 19)

You can count on a friend to do you a big favor, though you must guard against putting him or her in an uncomfortable position.

AQUARIUS (Jan. 20-Feb. 18)

What seems hazy at first is more than likely to be crystal-clear by day's end. You are ready to move when you have all pertinent information.

PISCES (Feb. 19-March 20)

You'll want to check in more than once with someone who is taking the lead on something you were instrumental in getting started.

ARIES (March 21-April 19)

Though a certain project may be a learning experience for someone else, you cannot remain too distant or aloof. Be a hands-on instructor.

TAURUS (April 20-May 20)

Your curious brand of caring is on display; it may seem to some that you do not care at all, but this is, in fact, not at all true.

GEMINI (May 21-June 20)

You're likely to be contacted by someone who has no one else to turn to — and you're the perfect person for this kind of situation.

CANCER (June 21-July 22)

Making a start will be the most difficult thing to do; it's all downhill from there. The pace may pick up dramatically.

LEO (July 23-Aug. 22)

You can give yourself a few important assignments that make you feel that you are contributing something valuable — and you are.

VIRGO (Aug. 23-Sept. 22)

Avoid any kind of random decision-making; weigh the pros and cons with care, and devise a plan that complete and detailed.

LIBRA (Sept. 23-Oct. 22)

You may be trying to repeat yourself when, in fact, you were best to try something entirely new. You can learn very quickly.

SCORPIO (Oct. 23-Nov. 21)

You may have a great deal more to do before you are able to put a certain project to bed — but you do enjoy working on it.

Scrabble Grams

PAR SCORE 155-165, BEST SCORE 252

I ₁	O ₁	Y ₄	H ₄	K ₅	C ₃	R ₁

--

RACK 1

A ₁	E ₁	Y ₄	R ₁	R ₁	R ₁	M ₃

2nd Letter
Double

--

RACK 2

A ₁	I ₁	T ₁	F ₄	H ₄	R ₁	G ₂

--

RACK 3

A ₁	E ₁	Y ₄	S ₁	J ₈	M ₃	T ₁

Triple
Word Score

--

RACK 4

Yesterday's Solution

R ₁	U ₁	N ₁	O ₁	F ₄	F ₄		RACK 1 =	12
U ₁	N ₁	C ₃	O ₁	V ₄	E ₁	R ₁	RACK 2 =	64
U ₁	N ₁	D ₂	Y ₄	I ₁	N ₁	G ₂	RACK 3 =	74
F ₄	U ₁	L ₁	C ₃	R ₁	U ₁	M ₃	RACK 4 =	64
PAR SCORE 150-160								TOTAL
								214

FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

		6					7	
3					4			2
	9			8		3		
	3							9
2			7	1	5			8
6							5	
		5		3			1	
7			1					3
	8					4		

Yesterday's Solution

9	1	7	3	2	8	4	5	6
2	5	4	9	6	7	3	8	1
8	3	6	1	5	4	9	7	2
7	8	2	4	3	5	1	6	9
6	9	3	2	7	1	5	4	8
5	4	1	6	8	9	2	3	7
3	2	5	8	9	6	7	1	4
1	7	8	5	4	2	6	9	3
4	6	9	7	1	3	8	2	5

Need more Sudoku?

Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

Comics

FIND MORE COMICS AT EXPRESSNIGHTOUT.COM

POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast

54 | 36

Today: Sunny to partly cloudy today. Mainly clear tonight.

51 | 39

Tomorrow: Some sunshine tomorrow. Mostly cloudy tomorrow night.

Looking Ahead



THU **FRI** **SAT**
63 | 44 55 | 35 46 | 30

Sun and Moon

Sunrise today: 7:18 a.m.
Sunset today: 4:46 p.m.
Moonrise today: 7:58 p.m.
Moonset today: 9:28 a.m.

Almanac

Normal high: 48
Record high: 71
Normal low: 33
Record low: 13

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Getting Ahead The second Monday of each month in Express.

XX185 2x5

Puzzles

Crossword

F TROOP

ACROSS

- 1 Hair line
- 5 Poetic foot
- 9 Cowboy boot feature
- 13 Filled cookie
- 14 Juicy pear
- 15 Superboy's sweetheart
- Lang
- 16 What an also-ran may get?
- 18 Part of the eye
- 19 Granola grain
- 20 Belfry resident
- 21 Garden walkway
- 22 Literary sisters Emily and Anne
- 26 "You've got a ____ nerve ..."
- 28 Didn't linger
- 29 Letters with "messenger" or "transfer"
- 31 Like many diet products
- 34 ____ grabs (available)
- 36 Relevant, to lawyers
- 38 More than displeasure
- 39 Abbr. after many a general's name
- 40 They may be current or foreign
- 42 U.S. gun lobby
- 43 "A Christmas Carol" comment
- 44 Adhered (to)
- 45 Birds or fruit
- 47 Acoustic term
- 49 Televisé
- 51 Jazz great Brubeck
- 52 "Dear ____ Madam ..."
- 54 Spent time at Betty Ford's
- 56 One of the four Gospels
- 58 A day in Spain?
- 60 Feel sick
- 61 Potent pints
- 62 Small kitchen appliance
- 67 Hardly healthy-looking
- 68 TV group featuring Mr. T
- 69 Celsius freezing point of water
- 70 Report-card blemishes
- 71 Hint to an unexciting speaker
- 72 "Thanks ____ so much!"

DOWN

- 1 "The Gold-Bug" author

1	2	3	4		5	6	7	8		9	10	11	12
13					14					15			
16					17					18			
				19				20			21		
22	23	24				25		26		27			
28					29		30		31			32	33
34					35		36		37			38	
39					40	41						42	
43					44					45	46		
47				48				49		50		51	
		52				53		54		55			
56	57					58		59		60			
61						62			63			64	65
67						68						69	
70						71						72	

EDITED BY TIMOTHY E. PARKER

- 2 "Woof" alternative

3 ____ Speed Wagon (old vehicle)

4 Rogers Centre locale

5 Schubert's "Fantasia ____ Minor"

6 "This looks like ____ for Superman!"

7 Point of a fable

8 Certain garment worker

9 Don, as a sweater

10 What Halloween lips are made of

11 Inventory item

12 Allergy reaction, sometimes

14 Second photo in a testimonial ad

17 Scarf down

22 Book jacket bits

23 Already-aired TV show

24 Readily available, as parts

25 A big mess

27 Russian city or oblast

30 Site of Churchill's 1943 Turkey conference

32 Get there

33 Made one's hair stand on end?

35 It's kept on track, hopefully

37 Far from flexible

41 Path of a cresting river

46 Put on a pedestal

48 Gets the suds out

50 Coin of the ____

53 Cowboy's calf catcher

55 Even-steven situation

56 Mocking comment

57 Count ____ (Lemony Snicket villain)

59 Cruise film, "____ Good Men"

63 Summer air circulator

64 Gun, as an engine

65 Miner's vein contents

66 "Neither rain ____ sleet ..."

Yesterday's Solution

1	2	3	4	5	6	7	8	9	10	11	12
A	R	I	A	F	R	O	S	K	R	I	S
S	M	A	R	T	M	O	N	E	Y	O	L
O	N	N	I	C	E	L	A	W	E	R	
A	R	T	W	O	R	K	S	I	N	N	
M	A	S	S	E	M	A	L	E	T	A	I
E	T	T	E	M	O	S	E	S	H	I	R
T	O	O	N	I	V	E	S	D	I	N	E
E	M	P	H	A	S	I	S	S	A	N	
E	R	L	E	F	I	N	G	E	R	S	
A	F	R	I	C	A	B	A	N	E	B	A
S	L	I	M	B	R	A	I	N	S	T	O
P	O	L	E	E	N	T	R	E	L	E	M
S	E	E	R	L	A	S	E	R	N	A	R

Today in History

- 1978

The Philadelphia Mint begins stamping the Susan B. Anthony dollar.
- 1981

Authorities in Poland impose martial law in a crackdown on the Solidarity labor movement.
- 2003

Saddam Hussein is captured by U.S. forces while hiding in a hole under a farmhouse in Adwar, Iraq, near his hometown of Tikrit.

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Editorial: 202-334-6800
Fax: 202-334-9777
Circulation: 202-334-6992
Advertising: 202-334-6732
or ads@readexpress.com
Classifieds: 202-334-6200

Published by Express Publications LLC
1150 15th St. NW, Washington, DC 20071
A Subsidiary of The Washington Post Co.

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People



CORRECTIONS

No, You Don't Turn Into A Witch Until Menopause

Reryl Streep says she believed her career was over 20 years ago. Streep, now 62, tells Vogue magazine she was offered three roles to play a witch after turning 40. She believed it meant women in her age group were "grotesque on some level," and told her husband, "It's over." The January issue of Vogue marks Streep's first appearance on the magazine's cover. (AP)

ACCESS

Photographing Oprah Is a Privilege, Not a Right

Police detained a Haitian journalist who tried to take photos of Oprah Winfrey as she visited an encampment of citizens displaced by the 2010 earthquake. Police refused to let the photographer leave unless he erased his camera memory card. A Winfrey spokesman later said the guard didn't realize the man detained Monday was a journalist. (AP)



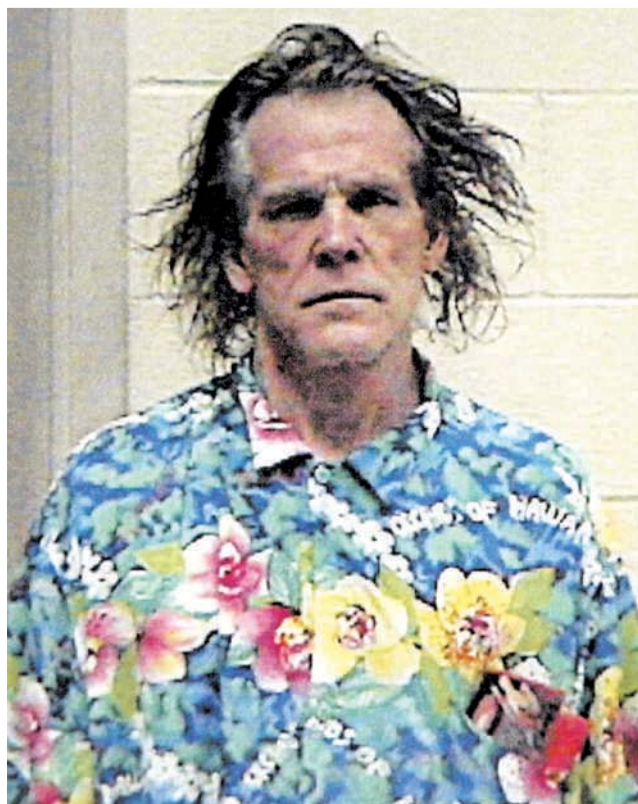
This photo met strict standards set by the Oprah Access Authority (OAA).

Victims



'Oh, There Goes My Allowance'

Lindsay Lohan's stolen purse turned up Sunday, with her passport and probation papers intact, TMZ.com reported. The \$10,000 she had in the bag was gone. According to TMZ, "a suspicious-looking local," when asked about the bag, "denied everything," then showed up with the bag, saying he found it on the street. (EXPRESS)



While not exactly staged, the Nolte mug shot is not what we believed it to be.

DIDN'T WANT TO KNOW

We Are Disillusioned

Nick Nolte tells GQ that his infamous 2002 mug shot wasn't a mug shot at all. After his arrest on suspicion of driving under the influence, Nolte was taken to a hospital for blood testing, where the drug GHB was found in his bloodstream. At the hospital, a police officer asked to take a Polaroid of Nolte, who assented when the officer agreed to share proceeds from the photo with his colleagues. That photo was leaked. There was a mug shot from the incident, he said, but it never came out. (EXPRESS)



REASON PREVAILS

The Internet Intervenes to Prevent an Unholy Alliance

Charlie Sheen tweeted his phone number accidentally while trying to direct a message Justin Bieber, according to the Daily Mail. "310-954-7277 Call me bro. C," he tweeted. A witness told the New York Post that "Charlie's phone immediately went into meltdown" and "he got 1,800 text messages in minutes." The tweet was deleted and the number deactivated. (EXPRESS)

"Not handsome, you're not cool, you're just a regular guy who looks a bit nuts."



— IN AN INTERVIEW WITH COMPANY, A BRITISH MAGAZINE, **RYAN GOSLING** SAYS NICK CASSAVETES SAID THE ABOVE ABOUT HIS DECISION TO CAST GOSLING IN "THE NOTEBOOK."

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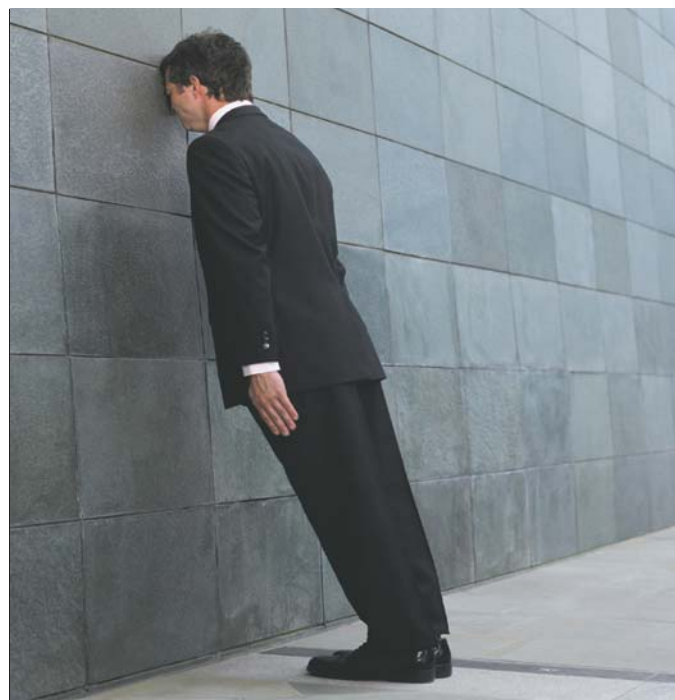
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- ☐ Insomnia
- ☐ Emptiness
- ☐ Hate
- ☐ Nightmares

- ☐ Family Problems
- ☐ Addictions
- ☐ Bad Luck
- ☐ Curses
- ☐ Laziness
- ☐ Jealousy

- ☐ Incurable Diseases
- ☐ Seizures
- ☐ Constant Headaches
- ☐ Failure
- ☐ Arguments
- ☐ Envy

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Neusa Reines



"I was a heavy alcoholic for five years. I developed cirrhosis of the liver. Doctors gave me six months to a year to live. I found out about the event and decided to come. Over six years has gone by and I am healed. Free from addictions and happy."

Leo DeAgüero

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